Sport at Tullimbar Public School





Sport Houses

The students are divided into four sporting house groups. These houses are most important for sporting activities, Athletics, Swimming and Cross Country Carnivals. All members of a family are placed in the same house.

The house colours are:

Calderwood – Red Macquarie- Blue Tongarra – Green Yellow Rock - Yellow

School Sport

All students participate in school sport at least once a week. These sport lessons are done within their own class, grade or stage. Students in Years 3 to 6 additionally participate in one PE lesson a week.

School sport and PE lessons focus on the teaching and developing of fundamental movement skills, such as throwing catching, skipping, running, jumping, striking, team sport skills etc.

Carnivals

We have three annual sporting carnivals for students who are turning 8 in the current calendar year and above - swimming, cross country and athletics.

From these three carnivals, students are selected to represent our school and compete in the Tongarra District Carnival.

Students who are successful at the Tongarra level may then be selected to compete at the South Coast Carnivals and to possibly progress to the NSW State Carnivals.

Students in Kindergarten to Year 2 will participate in their own Cross Country event held either on the school premises or local area around the school.

PSSA Knockout (Public Schools Sports Association)

Throughout the year our students in Years 3-6 may have the opportunity to participate in gala days organised by the various sporting associations. These may include boys' and girls' basketball, touch football, hockey, soccer, and girls' netball.

Individual students may also attend trials for selection in PSSA sporting teams. Information can be found <u>here.</u>

Please note: some sporting events, gala days and trials will incur a participation fee. Some events may require bus transportation and/or via private vehicles.

The school will notify participants' parents/carers of the details via School Bytes.